

## 2009 NIUBL Constitution

### A Draft

- 1 Teams drawn at random ~ the #1 pick gets to choose their draft slot, then the #2 pick gets to choose their draft spot, and so on...
- 2 snake draft format will be utilized (i.e. 1,2,3...10,11,12,12,11,10...3,2,1)
- 3 use Draft Hammer website - the webmaster charges a \$5 fee per team to cover this cost ~ **Venmo payment to commissioner**
- 4 players drafted from the 2009 NL with 31 man rosters, including the mandatory D grade starter referenced in D.1 below
- 5 at the conclusion of the 2009 NL season, a draft for the 2009 AL season will occur
  - 5.a the 2009 NL season will NOT include use of the designated hitter rule
  - 5.b the 2009 AL season will include use of the designated hitter rule

### B Commissioner

- Earl Purington will serve as league commissioner  
~ Earl will be responsible for addressing any game glitches or problems and settling any disputes
- Jim Bushemi will serve as assistant league commissioner  
~ he will be responsible for sending out monthly league leader statistic updates  
~ he will advise the commissioner when necessary

### C Season

- 1 Starting with the 2009 season, NIUBL will be a continuous ownership league (i.e. keepers)  
at the conclusion of the 2009 season, teams will be required to cut 10 players  
therefore, starting with the 2010 MLB season, the draft will consist of only 10 rounds
- 2 108 game schedule ~ 12 intra-division games 8 inter-division games  
the schedule will be released at the discretion of the Commissioner  
**managers are required to play one series per week for the entire season**  
~ each subsequent set of the schedule will be released ONLY when the prior set is complete
- 3 double headers will be included in the schedule during intra-division series play  
**these two games are considered as one for the pitchers rest and injury requirement**  
make sure to be mindful of this item when planning your rotation in regards to the 3 game rest rule (see E.4.b.5)
- 4 two six team divisions (Alpharetta and Lancaster); first six teams drafting will be in the Alpharetta Division, the rest in the Lancaster  
see managers tab in this workbook for division assignment
- 5 Playoff Series  
See Article G below
- 6 World Series  
to be held between this NL champion and the AL champion (season to be played later)  
See Article H below

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## 2009 NIUBL Constitution

### D Roster - 31 players

- 1 each team is required to carry a non-rotational D starter for emergency purposes ~ this player is included in A.4 above
- 2 a Free Agency period will begin when a team completes 60 games and ends when the that team completes 70 games  
teams can pick up any player not selected in the draft (A above), but must cut a player from their roster  
send an email to the group announcing the player cut and the player picked up before using the player  
~ please include games / innings used info for dropped players in your communication
- 3 Trades can be completed at any time during the season up until your team completes 70 games  
send an email to the group announcing the trade  
~ please include games / innings used info for traded players in your communication

NEW

### E Player usage during regular season

- 1 A player usage spreadsheet will be provided to all managers so they can easily track remaining player availability during the season  
the player usage spreadsheet is required to be filled out and turned in to the commissioner before starting league play  
~ to begin: only input the player name and MLB information  
**after each series, input plate appearance and innings pitched info in the blue themed cells  
the gray cells will auto-calculate accordingly**  
~ split grade pitchers should be listed in both the starter and reliever sections with the respective innings numbers  
**remember to keep track of split grade innings as a starter & relief innings pitched during the season**
- 2 Prorata usage is .675 of actual MLB usage for all pitchers (innings pitched) and position players (plate appearances)
- 3 Neither a hitter nor a pitcher is eligible to play once they reach their pro rata usage amount

NEW

**The penalty for overusing any player is forfeiture of all his games played in excess of allowed number**

*position players*

**example**

~ see Albert Pujols for 2009

1 [click on this link](#)

2 scroll down to 2009

Pujols had 700 plate appearances

Pujols can make 473 plate appearances in NIUBL play (700 x .675)

NOTE that plate appearances are also available on the DraftHammer website

**4.a.1** position players are limited by the number of MLB plate appearances in 2009 multiplied by .675

**4.a.2** position players cannot be used at a position they are not carded for except as below:

**Except** where multiple injuries occur to the same position leaving a team without a carded player at that position

~ In this case, any other position player may be used and APBAgo will assign them the lowest defensive rating possible

## 2009 NIUBL Constitution

*starting pitchers*

**example**

~ see Tim Lincecum from 2009

1 [click on this link](#)

2 scroll down to 2009

Lincecum appeared in 32 games, all as a starter and pitched 225.1 innings

Lincecum can pitch 152 innings in NIUBL play (225.1 x .675)

**4.b.1** the pitcher fatigue option will be utilized in our league

**4.b.2** pitchers who carry only a starter rating **CANNOT** be used in relief

**4.b.3** starting pitchers are limited by the number of MLB innings pitched for the 2009 season multiplied by .675

**4.b.4** **starters cannot pitch more than 10 innings in each start**

**4.b.5** three game rest rule applies to the following:

**4.b.5.i** a pitcher not starting during a double header

~ a starter cannot pitch in games 20 and 23 of the season, they can pitch in games 20 and 24

**4.b.5.ii** any pitcher starting during either game of a double header

~ both starting pitchers of a double header must rest for 3 games before their next start

*split grade pitchers*

**example**

~ see Jeff Weaver from 2009

1 [click on this link](#)

2 scroll down to Pitching Splits and click on 2009

3 scroll down to Pitching Role -- Game Level

Weaver started 7 games (31.2 innings) and relieved in 21 games (47.1 innings)

Weaver can pitch 22 innings as a starter (31.2 x .675) and 32 innings as a reliever (47.1 x .675)

**4.c.1** the pitcher fatigue option will be utilized in our league

**4.c.2** split grade pitchers are limited by the prorata number of innings pitched in MLB 2009 as both a starter and as a reliever

~ both starter and reliever usage is multiplied by .675

**4.c.3** **split grade pitchers must rest 3 games in between switching roles from starting to relieving OR relieving to starting**

i.e. a pitcher cannot start game 20 and relieve in games 17,18,19 or 21,22 or 23

i.e. a reliever cannot pitch in relief in game 20 and start games 17,18,19 or 21,22 or 23

**4.c.4** **split grade starters cannot pitch more than 10 innings in each start**

In other words, split grade starters are subject to single grade starter rules and split grade relievers are subject to reliever rules

remember to keep track of both innings pitched as a starter & innings pitched as a reliever during the season

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**2009 NIUBL Constitution**

relief pitchers

**example**

~ see Trevor Hoffman for 2009

- 1 [click on this link](#)
- 2 scroll down to 2009

Hoffman appeared in 55 games as a reliever and pitched 54.0 innings

Hoffman is limited to 37 innings as a reliever (54.0 times .675)

**4.d.1**

the pitcher fatigue option will be utilized in our league

**4.d.2**

relief pitchers are limited by the actual number of MLB relief innings pitched in the 2009 season, multiplied by .675

**NEW**

other pitchers

**example**

~ see J.A. Happ from 2009

- 1 [click on this link](#)
- 2 scroll down to Pitching Splits and click on 2009
- 3 scroll down to Pitching Role -- Game Level

Happ started 23 games (144.1 innings) and relieved in 12 games (21.2 innings) but only has a starter rating (B2Y) in GO

Happ is limited to 113 innings pitched in NIUBL play (166.0 x .675) and **CANNOT** be used as a reliever

**4.e.1**

NOTE that a pitcher may have appeared in the MLB as both a starter and a reliever during the 2009 season

**if his APBAgo card has only one rating, he is limited to the stats shown on the card, multiplied by .675**

**4.e.2**

the pitcher fatigue option will be utilized in our league

**4.e.3**

**other pitchers referenced in this section cannot pitch more than 10 innings in each start**

**5**

If you run out of relief pitchers during a game, a position player may be used in relief and he will carry a D\*(0)(W) rating

**NEW**

**F**

**Game Play**

**MAKE SURE TO CHECK THAT THE CORRECT OPTIONS ARE CHOSEN AT GAME SET-UP**

**1** Options:

General Rules			
DH	OFF	DH	OFF
Disable Injuries	OFF	Reroll Rainouts	ON
Manual Dice Roll	OFF	Custom Teams	ON
Ohtani Rule	OFF	Step Play	OFF
3 Batter Rule	OFF	Ghost Runner	OFF
Pitcher Fatigue	ON		
APBA Basic			
Optional Pitching Rule	ON	Advanced Fielding	ON

**2** Injuries apply per the board result

**G****NEW****Playoff Series****2009 NIUBL Constitution****ALL REGULAR SEASON RULES AND OPTIONS APPLY except as shown below**

- 1 a wild card, a division championship and a league championship series will be held; each are a best of 7 game series
  - the wild card series will be held between the teams with the 2nd and 3rd best record in each division
  - the division championship series will be held between the wild card series winner and the team with the best record
  - the league championship series will be held between the winners of the Alpharetta and Lancaster division series
- 2 all playoff series use a 2-3-2 format
- 3 the home team is the team with the best record
  - If qualifying teams have the same record, the tiebreaker is as follows:
    - first tiebreaker is head to head record
    - second tiebreaker is total run differential
    - third tiebreaker is a coin flip
- after each game is complete, add it to the 2009 Playoff Collection
- 4 starting pitchers have a 10 inning limit in each start ~ **REMEMBER that the Pitcher Fatigue option is utilized in the playoffs**
- 5 a 4 man rotation must be announced before game one
  - 5.a to qualify as a playoff starter, a pitcher must have at least 10 starts in MLB in 2009
  - 5.b rotation is continuous (i.e. 1,2,3,4,1,2,3)
  - 5.c if you end one series with your 1st starter, you begin the next series with your #2 starter
- 6 relievers can pitch up to a maximum of two innings per game for two straight games but then must rest a game
  - i.e. a relief pitcher cannot pitch in three straight games
- 7 pitchers with starting grade only who are not in playoff series rotation can be used as a reliever
  - these pitchers are subject to the same limitations in G.6*
- 8 split grade pitchers who are not in the playoff series rotation can be used as a reliever
  - these pitchers are subject to the same limitations in G.6*
- 9 J4 players are limited to one start in the series but can enter any game after the 6th inning is complete
- 10 position players cannot be used at a position they are not carded for
  - Except** where multiple injuries occur to the same position leaving a team without a carded player at that position
  - ~ In this case, any other position player may be used and APBAgo will assign them the lowest defensive rating possible

## 2009 NIUBL Constitution

### H World Series

ALL REGULAR SEASON RULES AND OPTIONS APPLY except as shown below

1

best of 7 game series between two league champions

world series uses a 2-3-2 format

the home team is the team with the best record

If qualifying teams have the same record, the tiebreaker is as follows:

first tiebreaker is head to head record

second tiebreaker is total run differential

third tiebreaker is a coin flip

after each game is complete, add it to the 2009 Playoff Collection

2

starting pitchers have a 10 inning limit in each start ~ REMEMBER that the Pitcher Fatigue option is utilized in the World Series

3

a 4 man rotation must be announced before game one

3.a

to qualify as a World Series starter, a pitcher must have at least 10 starts in MLB in 2009

3.b

rotation is continuous (i.e. 1,2,3,4,1,2,3)

4

relievers can pitch up to a maximum of two innings per game for two straight games but then must rest a game

i.e. a relief pitcher cannot pitch in three straight games

5

pitchers with starting grade only who are not in playoff series rotation can be used as a reliever

*these pitchers are subject to the same limitations in H.4*

6

split grade pitchers who are not in the playoff series rotation can be used as a reliever

*these pitchers are subject to the same limitations in H.4*

7

14 players are limited to one start in the series but can enter any game after the 6th inning is complete

8

position players cannot be used at a position they are not carded for

**Except** where multiple injuries occur to the same position leaving a team without a carded player at that position

~ In this case, any other position player may be used and APBago will assign them the lowest defensive rating possible